

Cross Country

The year was a successful one for the Battalion's Cross Country team. There were two major events on the 1991 Cross Country Calendar. Firstly, the Inter Cross Country, which was run on 2 May 1991 and secondly, the NQ Area Cross Country, which was run on 27 May 1991.

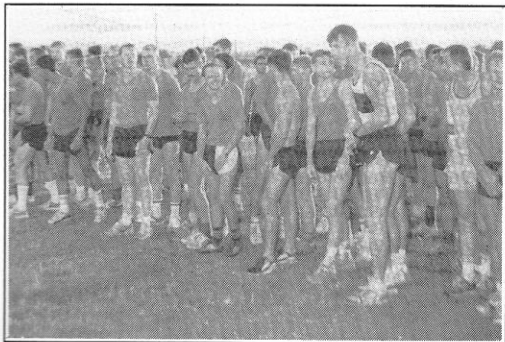
The Inter Company competition involved all members of the Battalion, only those on a medical restriction were exempted. A large field therefore started, around 600 in all. The course involved a lap of the Brigade area taking in the scenic re-entrant. The course was flat, except for the saddle at the rear of Brigade Hill, dry and fast and suited for a fast time.

Once again, B Company won easily, for the second year in a row, thanks largely to the training conducted whilst at Butterworth, over the Christmas period. Bravo, in fact, went 1, 2, 3 with CPL Brown avenging his 1990 defeat and winning comfortably. He was followed in by CAPT Horn and LT Blake. Out of the first 10 placings, Bravo had 8 runners. Second in the Company Competition was Charlie, followed by Alpha, Delta, Support and lastly, Admin.

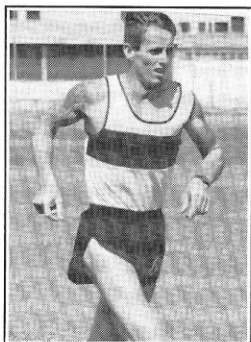
From the Inter Company competition, a team of 100 was selected to train for the NQ Area Cross Country. Training was held 4 days per week, under the watchful eye of the coach, CPL Brown. This training was to pay off, as was evidenced by the results on 27 May.

The NQ Area event involved a field of approximately 400 runners from around the NQ Area. Each unit was required to enter around 11.5% of their posted strength. This saw the Battalion enter 80 competitors. For the second year in a row, the Battalion took out the first three individual places. First to the line was yet again, CPL T.J. Brown, for the third year in a row. He was followed in by CAPT Horn, and LT Blake. Overall, the Battalion won easily, in second place was 162 Recce Squadron, with third going to 1 RAR.

The year then, was a successful one for the Battalion Cross Country Team. With the same application and given the same training time next year, there is no reason why the Battalion cannot duplicate its 1991 effort.



On your mark, get set



Try and catch him