

# LWC

## BRAVO COMPANY

### LWC CANUNGRA

1996

It didn't seem like B Coy was ever going to get to Canungra, with flooding that cut off the area by road. Soon, however, the rain subsided and we were off to the Gold Coast for a shortened Jungle Training Course.

When we arrived at Battle Ridge it was noted that the tent lines looked very similar to a fire support base with bunkers and wire surrounding the area. The training took off at a fast pace learning new techniques and re-learning old ones. The tent lines on Battle Ridge became home. The early morning PT on the Bayonet Assault Course and Muscle Toughening Course got our blood pumping for each day's training.

The sections that had already worked together for six months were now ready to compete. EX 'Hydra' was one of the pinnacles of the trip. Both physical endurance and mental toughness were to be put to the test. The winning section, 3 Section 4Pl, did extremely well, as did most of the sections.

The field ex to the Border Ranges was next on the itinerary. With the Platoons working in Platoon AOs and directed by Battle Wing's DS, CHQ found that they had very little to do.

On arriving back at Battle Ridge, the sections were rushed off to the start of the obstacle course. Under the fire of MGs and the exploding mortars the sections worked in teams to negotiate the many obstacles laid in their path to find they had to jump 5 metres into icy cold water. 8 Section, 6 Platoon getting the fastest time for the Company.

With the training over, a BBQ lunch gave us the chance to talk to and thank the DS for all their positive reinforcement and direction. A small presentation to LWC of the Bravo Coy nominal roll Painted in Royal Blue. Now it was time to head home and prepare for Malaysia.



- 3 Sect 4 Pl -  
WINNERS OF EX HYDRA DESPISE

