

Contents

Anzac	6
Foreword	7
The Commanding Officer	8
The Second-in-Command	9
The Regimental Sergeant-Major	10
The Colours, Medals	11
Battalion History Between Tours	12
Introduction	13
1 Visit Vietnam This Vacation	14
2 Blood, Sweat and Tears	32
3 4 RAR/NZ Pty. Ltd.	90
4 Not Only, But Also...	134
5 The Long March	155
6 Reflections	171
Honour Roll	203
Honours, Decorations and Awards	204
Nominal Roll	205